

BELLE

young women's tools for success

What is Belle?

Belle is a stimulating, empowering one-day success workshop for young women in school years 9, 10 and 11. We know you experience many challenges in today's world - no matter what your background. Belle puts you on the path to success by equipping you with practical skills to deal with financial pressures, lifestyle choices and career opportunities.

What does the Belle program cover?

Over six hours, a group of participants are guided through the skills, or 'tools', that make up any young women's 'toolbox' for success. We focus on four key 'tools':

1. An 'organiser' - creating powerful first impressions, managing your time, dressing for business, business etiquette, networking skills.
2. A set of 'keys' - how to open doors of opportunity, volunteering and networking, stories of successful business and career women.
3. A 'map' - setting achievable life and career goals, mapping your finances and learning how to budget.
4. An 'eye-mask' - how to create your own stress solutions and use visualisation.

During the course of the day, you get to work in groups and on your own. Each group of participants is guided through the program by a successful and experienced businesswoman who acts as a mentor for the day. The mentors inspire and allow you to interact with a successful role model. A FRANK Team facilitator runs the day for your school or community organisation. Prizes are awarded during the day and all girls receive take-home information.

So what do you learn?

As a participant you will:

- Interact with successful career and businesswomen.
- Discover career and business opportunities that assist them with subject choice, work experience placements, career path selection and lifestyle choices.
- Become aware of the importance of being financially aware and independent.
- Be inspired to start planning their future now - and
- Have the practical, life skills to do just that!

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What 'follow up' do you receive?

The FRANK Team believes in making sure all our program participants have ongoing support and access to assistance. Following the Belle workshop, you will have access to a comprehensive library of business articles written specifically for young people, you'll be connected to some powerful youth and industry networks, and you can receive our free e-newsletters which regularly promote youth opportunities, to further your own interests and boost your motivation and inspiration.

Who's behind the program?

The FRANK Team created and run Belle. The program has been run for youth organisations and women's groups in many states of Australia and we enjoy excellent participant feedback for all our workshops. Despite being based in Sydney, The FRANK Team has local facilitators in many states and territories. The FRANK Team is committed to creating employment opportunities for young people by equipping them with practical skills and by encouraging entrepreneurship. In short, we assist young people to get educated, get involved, and get enterprising!

What's your next move?

If you'd like to host a Belle workshop, please contact our National Office in Sydney on (02) 9518 6244 or email Jessica@FrankTeam.com.au

For more information about The FRANK Team, you can also go to www.FrankTeam.com.au

BELLE is brought to you by:

