

## Australian Business Community Network (ABCN)



### GOALS Program

The Australian Business Community Network (ABCN) is a group of national business leaders creating positive social change through practical programs that engage students, educators and business people.

The GOALS Mentoring Program is a one-on-one mentoring partnership that aims to widen the life choices of students considered at risk of disengaging from school. A volunteer business person from a member company is matched with a high school student. Mentoring sessions run for 90 minutes. The student and mentor always meet in a group context and their sessions include individual & group discussions and joint activities with other GOALS participants.

The ABCN group came to The FRANK Team as **they wanted to roll out their GOALS program** around Australia. In order for this to happen their workshop program required structuring and formalizing, as well as some creativity injected into sessions, so that facilitators around Australia could pick up the program and run it themselves.

The FRANK Team undertook extensive consultation with the ABCN group and their Content Advisory Group, as well as attending and facilitating some of the existing GOALS sessions. We then developed ten sessions on the following topics

- Goal Setting
- Building Relationships
- Communication
- Finance
- Realising your Strengths
- Reach for the Stars
- Creativity & innovation
- The Working World
- Conflict Resolution
- Perspective & Culture

The program we developed included extensive Trainers Notes, activity and game elements, teacher resource information and support material for take home booklets.

As a result of working with The FRANK Team, ABCN has easily been able to engage various facilitators around Australia to run their programs, and thus ensured they have been able to roll out around Australia. All of these facilitators have found it easy to pick up the program and run it themselves, having never seen a session in action before.