

## NSW Parliament – Education Section

### Young Women’s Leadership Seminar



The Parliamentary Education Section is a joint section of the Parliament. It implements programs and resources aimed at increasing knowledge and understanding of the role and functions of the Parliament and its Members.

After being volunteer guest speakers for the Education Sections’ Young Women’s Leadership Program, The FRANK Team was soon asked to put together a short **workshop program for the participants** of this day. The Education Section required an **interactive, engaging and fun session** that brought to life the idea of leadership, power and community engagement for young women.

The FRANK Team’s AIM HIGH session is a powerful one a half hour program that has the girls thinking, reflecting and questioning their own leadership style and ability. It challenges them to step out of their comfort zone, believe in their power and make their ideas happen. It is packed with games, activities and team work that leave the participants inspired and energized. It perfectly complements the other elements of the day where the girls hear from female

parliamentarians and discuss the role of democracy.

The FRANK Team’s AIM HIGH session is now a permanent fixture of the NSW Parliament’s Young Women’s Leadership Seminar. It is consistently rated as the most valuable and enjoyable part of the day. Many of the students who have attended the sessions have contacted The FRANK Team personally for more assistance, or arranged for The FRANK Team to visit their school.

“The evaluations have been consistently fantastic for your workshop and I love that the participants are happy to write some interesting comments as well. The parts of the workshop that I saw were great and the comments from girls during the rest of the day also reflect that. We are very happy with the structure and content of the workshops and Jessica is great. We think it fits perfectly into the aims and format of our Young Women’s Leadership Seminars so thank you very much for all of your organisation and thank Jessica for her energy and hard work, we really appreciate it”

*Daniela Giorgi  
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